

SVKM's Narsee Monjee Institute of Management Studies
(Deemed-to-be University)
MUKESH PATEL TECHNOLOGY PARK - SHIRPUR CAMPUS
"Women's Day Celebration – Embracing Equity and Well-being"

Introduction:

The **Well-Being Club** successfully organized **Two-Day International Women's Day Celebration** on **March 8 & 17, 2025**. The event aimed to recognize the invaluable contributions of women, promote gender equality, and emphasize the importance of mental well-being.

Objectives:

- To honor and celebrate the strength, resilience, and achievements of women.
- To highlight the significance of mental well-being in women's lives.
- To foster a supportive and inclusive environment for open discussions.

Event Details:

- **Date & Time:** March 8 & 17, 2025, 4:00 PM – 5:30 PM
- **Organized by:** Well-Being Club
- **Participants:** Students and faculty & staff members
- **Venue:** Auditorium

Program Flow: The event proceeded as per the pre-shared itinerary and included the following segments on March 8, 2025 & March 17, 2025

- Best Attire competition.
- Plantation drive.
- Introduction to the event.
- Introduction of the Well-Being Club.
- Description of the theme of the year.
- Description of influential women.
- Shaiyari performance.
- Poem performance
- Dance performance.
- Singing performance.
- Extempore sessions.

- Awarding the best attires.

Highlights & Key Takeaways:

On the first day:

- “Best Attire” competition for faculty, staff, and students, followed by a plantation drive, which added a meaningful dimension to the celebrations.
- During the plantation drive, participants came together to plant saplings, symbolizing growth, care, and the nurturing spirit that perfectly aligned with the event is overarching theme.

On the second day:

- The program featured various segments, including poetry, dance, singing, and an extempore session.
- “Best Attire” award, encouraged cultural representation, and awards were distributed to the winners.
- Celebration also included discussions about influential women and their impact on society.
- The event successfully fostered a safe space for discussions on women’s mental well-being.
- Participants actively engaged in extempore sessions and received a positive feedback.
- The celebration was a vibrant and impactful event, leaving a lasting impression on all participants.

Conclusion & Impact: The Women’s Day celebration was a vibrant and empowering event that honored the strength, resilience, and achievements of women. Through various performances, discussions, and engaging activities, the event successfully highlighted the importance of gender equality and self-expression. It provided a platform to appreciate influential women, share personal experiences, and foster a sense of unity among participants.

Sincere thanks to Dr. Sunita Patil, Campus Director, for her invaluable guidance and unwavering support in celebrating Women's Day. We are also thankful to Mr. Bhupesh Jaware for his continuous support in ensuring the smooth conduct of the program.

Report Submitted by
Team Well-Being Club

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